

**AMENDMENTS TO THE SPECIFICATION**

Please replace the paragraph at page 5, lines 16-19, with the following rewritten paragraph:

-- At least some of the openings or channels may be defined in the outer flange. The openings or channels may be defined in the outer flange below the general level of the web and on the other side of the flange from the teeth engaging element for the upper arch. --.

Please replace the paragraph at page 5, lines 25-28, with the following rewritten paragraph:

-- One or more openings may also be defined in the inner flange below the general level of the web. Further the inner flange may have a skirt or extension that projects downwardly below the web and the channels or openings may be defined in the skirt or extension of the base member that is below the web --:

Please delete the paragraph at page 6, lines 1-3.

Please replace the paragraph at page 6, lines 5-8, with the following rewritten paragraph:

-- In some forms the openings and/or channels may be defined in both the inner and outer flanges. In particular the side openings or channels may be defined in both the inner and outer flanges and, Further the front channel or channel~~openings~~ may be defined in only the outer flange, e.g. below the web. --